TOP three places to eat

A

GEHAN Japanese restaurant at Grand Bluewave Hotel in Shah Alam is focusing on healthy, wholesome fare, served up in lunch and dinner sets. The promotion ends on Aug 31.

L

Lamb and ostrich dishes are served at Zuan Yuan Chinese Restaurant, One World Hotel. The meats, prepared in a variety of ways, are available for lunch and dinner. The promotion is on until the end of the month.

H

AZELNUT: Obsession, served chilled, is the cake of the month at Melting Pot Cafe, Concorde Hotel Kuala Lumpur.

The interpretations of the exhibition's themes of space, colour and light.

Your guide... The need

By Rizuwan Zaini

KUALA LUMPUR: Red, often used to symbolise love and anger, is the dominant colour in "I Remember The Day We Met", an abstract artwork by Mia Fariza. Mia is participating in the "Neo-Abstraction: Space, Colour and Light" exhibition, which as the title suggests, explores the themes of colour, space and light. The exhibition is held at Wisma Chadhuyuan Soka Gakkai Malaysia daily until Sunday, from 9am to 6pm. Mia is one of the four guest artists in this exhibition, a joint effort between Sato, an art collective group, and Soka Gakkai Malaysia. The three other guest artists are Sukor Haeman, Salfwan Ahmad and Samsul Ibrahim. They join two Sato members - Enio Yamami...
for space, colour and light

mail and Fairal Sidik — in wowing visitors with their interpretations of the three themes.

Visitors will find it hard to miss Eliza’s “Lingkaran Kembang” a huge assembly of cotton cloth with two rolled-up shapes at both ends.

“Self Isolate”, a series of wood sculptures installations by Safwan, and Fairal’s big “Broken Heart” are also displayed.

The exhibition was launched by National Art Gallery Malaysia director general, Dr Mohamed Naib Ahmad Bawa, early this month.

On Saturday, there will be a multi-talented, poetry-reading session facilitated by Arifah, Professor Dr Ghali Samin Yassin.

Guided tours of the exhibitions are available on Saturday and Sunday for groups of 20 and more.

“Self Isolate” is a series of works by Safwan Ahmad.

Fairal Sidik, a member of the Satu art collective group, and his big ‘Broken Heart’.

‘Lingkaran Kembang’ is an artistic exploration of space.

Friday

Need something new to beautify your home for the festive season? head for Mid Valley Megamall, which is hosting the Home and Living Fair. There are furniture, soft furnishings, kitchenware, appliances and more. The fair ends on Sunday.

Saturday

MTV World Stage Live in Malaysia is at Sunway Lagoon Surf Beach today at 6pm. Hootabank, Poto Lott, Boys Like Girls, Kasihian, The All-American Rejects and Malaysia’s own Estranged will rock the stage.

Sunday

● Rock queen Eliza is making a comeback after almost a decade. She is hitting the stage at Mid Club in Bangsar at 8pm today. For details, visit www.canon.com.my.

● Persatuan Dysleksia Malaysia’s charity bazaar to raise funds will be held at Pusat Kegiatan Persatuan Dysleksia Malaysia, near Tilwannpa Lake, from 9am to 2pm. For details, call 03-4021 5109 or 03-4251 5618.

Monday

The 5th Asian Para Games is held at Stadium Putra Bukit Jalil until Aug 19. For details, visit www.asianparagames89.org.my.

PANGUNG Bandaraya, the city’s renowned historical theatre hall built in 1896, is located at the junction of Jalan Tun Perak and Jalan Raja. It is gazetted as a heritage building under the Antiquities Act and its Moorish facade has been beautifully-preserved through the centuries.